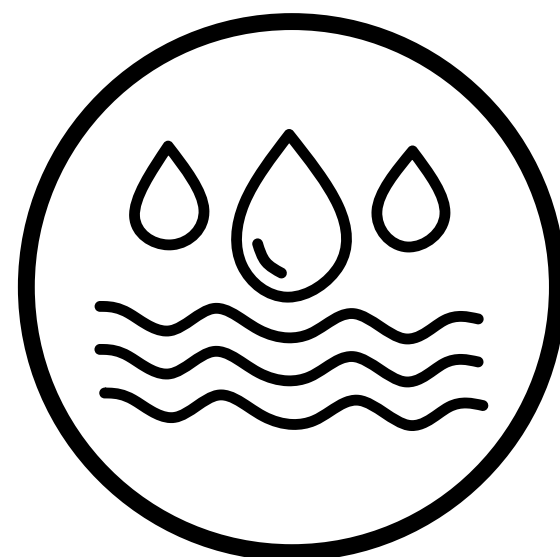




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ALLOW SKIN TIME TO SETTLE BY AVOIDING HEAT BASED ENVIRONMENTS SUCH AS SAUNAS, STEAM ROOMS AND HOT BATHS FOR 24 HOURS



KEEP EXPOSURE TO WATER MINIMAL FOR THE FIRST DAY, AVOIDING SWIMMING OR PROLONGED SOAKING



MOVE GENTLY WHERE POSSIBLE, LIMITING HIGH IMPACT ACTIVITY IMMEDIATELY AFTER YOUR TREATMENT



NOURISH THE SKIN DAILY WITH A PROFESSIONAL HEEL BALM TO MAINTAIN HYDRATION AND LASTING SOFTNESS



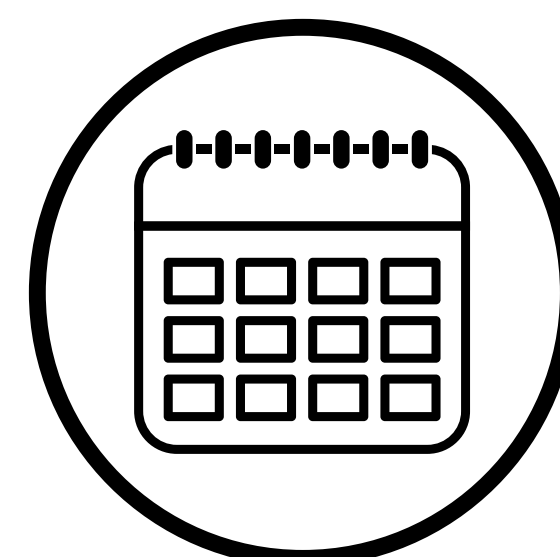
SUPPORT OVERNIGHT REPAIR WITH A RICH, RESTORATIVE HEEL TREATMENT TO DEEPLY CONDITION THE SKIN



ALLOW THE SKIN TO RENEW NATURALLY, AVOID PICKING OR FILING AT HOME



CHOOSE SOFT, WELL-FITTING FOOTWEAR TO MINIMISE FRICTION AND PROTECT THE HEELS



REMEMBER TO BOOK YOUR NEXT APPOINTMENT WITH **SARAH ZACAL BEAUTY** IN 4-6 WEEKS

PEDICURE TREATMENT AFTERCARE INSTRUCTIONS